



Date: \_\_\_\_\_

Name: (Last, First) \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BMI: \_\_\_\_\_

B/P: \_\_\_\_\_ Pulse: \_\_\_\_\_

Waist Circumference: \_\_\_\_\_

### Male - Chief Complaint

#### Chief Complaint / Reason for visit:

Fatigue  Decreased Sex Drive (Low Libido)  Erectile Dysfunction  Decreased Muscle Mass  Weight Gain  Mood Concerns

Symptoms began: \_\_\_\_\_ months/years ago.

Severity of Symptoms:  Mild  Mild to Moderate  Moderate  Severe

#### Symptoms:

- Decreased Libido
- Decreased Spontaneous Erection
- Breast Discomfort
- Gynecomastia (Enlarged Breast)
- Unusual Sweating
- Hot Flashes
- Loss of Axillary or Pubic Hair
- Weight Gain
- Lack of Energy
- Fall Asleep After Dinner
- Sleep Disturbances
- Lost Height
- Decreased Enjoyment of Life
- Decreased of Muscle Mass
- Recent Deterioration of Work Performance
- Decreased Sports
- Decreased Strength / Energy
- Sad, Grumpy or Moody
- Problems with Memory / Concentration

#### Medications - Hormone Dietary Supplements:

Are you currently on Hormones? Yes  No

Have you used testosterone in the past? Yes  No

What kind?  Gels/Creams  Injections  Pellets

For how long? \_\_\_\_\_

Why did you stop them? \_\_\_\_\_

Did you have any side effects? \_\_\_\_\_

#### Consent to Have Blood Drawn for Treatment / Testing

I authorize the medical staff to obtain a blood sample for determining my testosterone and PSA levels, as well as any additional appropriate laboratory testing as determined in the professional discretion of the medical staff.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

#### Office Staff Only

New Patient Labs

Follow Up Labs